The Boresha Lishe project, led by World Food Programme, aims to improve access to and use of nutritious food by women and children through social behaviour change communication and through the diversification of food production in Bahi and Chamwino Districts in Dodoma Region and Ikungi and Singida Rural Districts in Singida Region.

Key Information
Sector: Agriculture/Nutrition
Lead Partner: World Food Programme
Other Partner: Save the Children
Budget: EUR 24.5 million (EU funding EUR 9.5 million)
Duration: 2017 – 2021

Background
Tanzania has a high prevalence of chronic malnutrition with 34 percent of children under the age of five years stunted. Fifty percent of children aged 6-59 months are anaemic. Poor nutrition is also a serious problem among women of reproductive age with 45 percent anaemic, and of which one percent is severely anaemic (TDHS, 2015). The high rates of chronic under-nutrition among children in Tanzania are driven by poverty and food insecurity, but also largely by poor infant and young child caring and feeding practices at the household level.

<table>
<thead>
<tr>
<th></th>
<th>Stunting</th>
<th>Wasting</th>
</tr>
</thead>
<tbody>
<tr>
<td>National</td>
<td>34%</td>
<td>4.4%</td>
</tr>
<tr>
<td>Dodoma</td>
<td>36.5%</td>
<td>5.5%</td>
</tr>
<tr>
<td>Singida</td>
<td>29.2%</td>
<td>4.7%</td>
</tr>
</tbody>
</table>

Source: TDHS, 2015
Project Details

Activities

1. Improve knowledge and technical capacity of health facility staff, community health workers and district-level staff
2. Improve knowledge, attitudes and practices of caretakers regarding nutrition and water, sanitation and hygiene (WASH) practices and services at the household and community levels
3. Support the production of diverse crops, small-scale livestock and diet diversity through community-level asset transfers
4. Establish community managed savings and loan groups
5. Improve and strengthen data management capacity
6. Strengthen multi-sector coordination and implementation of nutrition specific and sensitive interventions

Beneficiaries

- Pregnant and lactating women
- Children under the age of two
- Households with minimal assets (livestock, land or access to other income sources)
- Female-headed households
- Household with dependants who are non-productive

In 2017, Boresha Lishe reached 28,000 pregnant and lactating women and children aged 6-59 with specialised nutritious foods.

Implementing Partner

Save the Children is WFP’s partner in strengthening synergies and capacities of community-based organisations and communities to promote gender empowerment and multi-sector approaches to nutrition, as well as coordinating the implementation of the agriculture component of the project.

Expected Results

In line with the United Nations Sustainable Development Goal 2, the overall objective of the Action is to improve food and nutrition security and ultimately contribute to reducing all forms of malnutrition in Tanzania.

The specific objective is to improve access to and use of nutritious food by women and children through social behaviour change communication and through the diversification of food production in Bahi and Chamwino Districts in Dodoma Region and Ikungi and Singida Rural Districts in Singida Region.

Result 1: Behaviour change towards the production of nutritious foods and consumption of an adequate, diversified diet is promoted and increased at community level.

Result 2: Production of nutritious crops, small-scale livestock, and access to nutritious diversified diets is enhanced.

Result 3: Coordination, knowledge and information management is improved to guarantee efficient monitoring and planning of actions by local and central government authorities.

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